As Americans recall these and other human rights violations, we should reflect on both the similarities and the differences between the Bill of Rights and the Universal Declaration of Human Rights. Both great human rights documents were adopted in the aftermath of a bitter war. Both envision a society where rulers and ruled are bound by the laws of the land and where government rests on the consent of the governed, is limited in its powers, and has as its principal purpose the protection of individual liberty.

Yet while the Bill of Rights was adopted by a Nation in which free institutions already flourished, many of the countries which adopted the Universal Declaration of Human Rights lacked free institutions. Since human rights are the product of such institutions as a free press, free elections, free trade unions, and an independent judiciary, it is not surprising that formal adherence to the Universal Declaration by governments which suppress these institutions has resulted in no real human rights gains.

By posing as champions of human rights, many governments hope to disguise their own human rights abuse. It was with special pleasure that I noted the recognition offered by the Nobel Peace Prize to Lech Walesa for his real efforts on behalf of human rights in a country where the government speaks only of the illusion of human rights.

Human rights can only be secured when government empowers its people, rather than itself, through the operation of free institutions. Because our Founding Fathers understood this, we are blessed with a system of government which protects our human rights. Today, let us rededicate ourselves to respect these rights at home and to strive to make the words of the Universal Declaration a living reality for all mankind.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim December 10, 1983 as Human Rights Day and December 15, 1983, as Bill of Rights Day, and call upon all Americans to observe the week beginning December 10, 1983 as Human Rights Week. During this period, let each of us give special thought to the blessings we enjoy as a free people and renew our efforts to make the promise of our Bill of Rights a living reality for all Americans and, whenever possible, for all mankind.

IN WITNESS WHEREOF, I have hereunto set my hand this 9th day of December, in the year of our Lord nineteen hundred and eighty-three, and of the Independence of the United States of America the two hundred and eighth.

RONALD REAGAN

Editorial Note: For the President's remarks of Dec. 9, 1983, on signing Proclamation 5135, see the Weekly Compilation of Presidential Documents (vol. 19, p. 1668).

Proclamation 5136 of December 13, 1983

National Drunk and Drugged Driving Awareness Week, 1983

By the President of the United States of America A Proclamation

The most serious problem on our Nation's highways is drunk driving. Drunken drivers kill and injure more people on the roads than any other cause. The cost of this slaughter is staggering, as much as \$25 billion each year.

The drunk driving problem has stirred outrage among citizen groups, which have succeeded in arousing national interest in the problem. In response to these concerns, many States have set up task forces to examine their drunk driving laws. Several States have already enacted amendments to strengthen their laws. To encourage these efforts, I established the Presidential Commission on Drunk Driving in April 1982. That Commission successfully completed its work and has prepared a landmark report of its findings.

There is also a generally unrecognized menace in a category akin to the drunken driver: the drugged driver. The drugged driver is also a public hazard, perhaps less recognized because the cause of the individual's behavior may be less apparent. The driver who operates a motor vehicle while under the influence of mind-altering drugs also presents a significant danger on the roads. The problem of the drugged driver is growing, and the American people must become more aware of this added threat.

In recognition of the threat that drunken and drugged drivers pose to the safety of our citizens, to heighten public awareness of the societal costs of such drivers, and to encourage and support efforts to decrease traffic fatalities caused by drunken and drugged drivers, the Congress, by Senate Joint Resolution 119 (Public Law 98-103), has designated the week of December 97 Stat. 725. 11, 1983, through December 17, 1983, as "National Drunk and Drugged Driving Awareness Week" and has requested the President to issue a proclamation in observance of that week.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning December 11, 1983, as National Drunk and Drugged Driving Awareness Week. I call upon the people of the United States to observe this week with appropriate activities in their homes, offices, schools, and communities. I ask all of us to be mindful of the dangers of driving while drunk or drugged and to use this observance to intensify our efforts to prevent sadness and tragedy from intruding on our joyful holiday season.

IN WITNESS WHEREOF, I have hereunto set my hand this thirteenth day of December, in the year of our Lord nineteen hundred and eighty-three, and of the Independence of the United States of America the two hundred and eighth.

RONALD REAGAN

Editorial Note: For the President's remarks of Dec. 13, 1983, on signing Proclamation 5136, see the Weekly Compilation of Presidential Documents (vol. 19, p. 1685).

Proclamation 5137 of December 14, 1983

American Heart Month, 1984

By the President of the United States of America A Proclamation

Diseases of the heart and blood vessels are among the Nation's most important health problems. This year one and one-half million Americans will